Basic Policies and Guidelines Concerning Education and Research to Accommodate Diversity in Sexual Orientation and Gender Identity (SOGI)

Kwansei Gakuin University

Kwansei Gakuin formulated a "Building an Inclusive Community" statement in September 2010 (revised in March 2014) with the aim of creating a community without borders, which regards diversity as strength. In that statement, we declared that we will strive to respect the differences of the members of the Kwansei Gakuin community (students, pupils, kindergarteners, faculty, staff, alumni, and their families), who differ from one another not only according to gender and age, but also according to nationality, race, ethnicity, place of origin, primary language, religion, physical or mental characteristics, and sexual orientation, and that we will strive to build an environment which allows each individual member to demonstrate their talents.

Furthermore, in order to ensure respect for diversity of sexual orientation and gender identity (SOGI* diversity), we have enacted the following seven policies in the "Kwansei Gakuin Basic Policies and Code of Conduct for Achieving an Inclusive Community."

- 1) Students are allowed to use an alias based on their gender identity at school.
- 2) To ensure that a member's gender information is not disclosed in a manner unintended by the member themselves, we will handle personal information, including gender information, with care, and gender-related information will not be collected except in essential cases. In addition, in situations where it is necessary to collect gender-related information, we will leave the answer field blank (free description) and include "do not want to answer" among the options, to allow respondents to answer with the gender they self-identify as.
- 3) We will guarantee the freedom of members to make SOGI-related disclosures as an individual right.
- 4) We will give as much consideration as possible to diversity of SOGIs in school facilities, such as restrooms and locker rooms, regular health checkups, and classes such as physical education, which have heretofore been based on classification by gender.
- 5) We will provide counseling with regard to job hunting and internships that takes various SOGIs into account in cooperation with relevant departments, both internally and externally.
- 6) We will give as much consideration as possible to the diversity of SOGIs in the application of member benefits, as well as the use of gender-based designations in the classroom and the workplace.

7) We will conduct training about specific cases and responses for the supporters who handle SOGI-related consultations (faculty and staff members at the Student Support Center and Harassment Counseling Center).

Kwansei Gakuin University has established guidelines for faculty and staff, outlining basic considerations and responses so that faculty and staff can interact with students in a way that respects SOGI diversity, in accordance with the philosophy of an inclusive community. In addition, we have prepared a glossary of terms and established on-campus consultation services.

The basic considerations and responses for students set forth in the faculty and staff guidelines are as follows.

(1) Main considerations and responses for students in classes, etc.

1. Considerations for LGBTQ+* students

- · Always treat students as though there are LGBTQ+ members among them.
- Do not assume heterosexuality or a <u>gender binary*</u>, but rather, speak and act with consideration for diverse gender identities, gender expressions, sexual orientations, and physical sexual characteristics.

2. Considerations with respect to gender

- Do not try to unnecessarily determine gender.
- As a general rule, do not mention the gender of attendees when giving class instructions or chatting.
- If information on gender is to be collected, the reason for this should be clearly stated and allow for responses in the most appropriate form.

3. Caution regarding words and gestures

 Do not use words or gestures that may have discriminatory meanings. Also, encourage students to exercise caution.

4. Be considerate of student names

- When taking attendance, use titles that do not express gender (for example, "-san," etc.).
- In classes conducted in a foreign language, respect the wishes of each attendee regarding how they would like to be addressed (for example, Mr., Ms., he, she, or the third-person singular they*).
- (2) Considerations and responses for students regarding counseling on student life and off-campus activities

1. Maintain strict confidentiality

- Maintain the confidentiality of information regarding the gender and sexual orientation of class attendees and people seeking advice.
- With respect to LGBTQ+ students in particular, understand the risks of <u>Outing*</u> and ensure confidentiality.

2. Considerations in off-campus activities

- Act with the same consideration and responses for off-campus educational and research activities as in class.
- When off-campus educational and research activities involve overnight stays, consideration should be given to rooms, bathrooms, changing clothes and other matters, in accordance with the wishes of the participants. Also, efforts should be made to make it as simple as possible for everyone to be accommodated, such as considering whether everyone could stay in individual rooms.

Use of aliases (assumed names)

A student may use an alias on campus if they so request. If you wish to use an alias, please consult with your School office. The consent of the student's guarantor (seal or signature) is not required. Please be aware that if a student uses an alias, the alias will be used for all references to the student within the university, unless the student chooses to use a different name for their diploma, etc., and communications from the university to the student's guarantor will also be made under the alias.

Changes of gender

The student information maintained by the university is registered with the student's gender in the family register. This is necessary information to consider the provision of comprehensive student support services and for use as statistical data. However, the student ID card issued by the university and the student register maintained by class instructors do not include a gender field. Please note that if a student has not changed their gender on their family register, they will not be able to change their gender registered with the university. If you wish to change your gender as registered with the university, please bring documentation showing the change in your family registry and consult with your School office.

Consultation services

School/Graduate School Offices

If students wish to receive considerations, responses, or guarantees of rights related to diversity, including gender and sexuality, in connection with classes or research, they may consult with the relevant office.

Organization for Student Activity Support, Campus Empowerment Office

https://www.kwansei.ac.jp/campuslife/disabilities-office

The Organization for Student Activity Support supports every aspect of student life, from environmental to financial. The Campus Empowerment Office, which operates within this organization, works with each department to provide smooth academic support for students with disabilities, in addition to providing academic support to meet the individual needs of students who require consideration.

Health Care Center

The Health Care Center supports the healthy lives of students, faculty and staff, and also provides medical care for treatment of illnesses. The Center is available to handle all health-related consultations. Contact: 0798-54-6035

Harassment Counseling Center

https://ef.kwansei.ac.jp/efforts/harassment

Specialized counselors are available for harassment-related consultations.

Contact: ch-soudan-center@kwansei.ac.jp

About the University's Human Rights Awareness Activities

Institute for Human Rights Research and Education

https://www.kwansei.ac.jp/r human

This organization supports human rights education and research at Kwansei Gakuin University. It offers human rights education courses for all students, plans and holds lectures on human rights issues twice a year, and organizes Kwansei Gakuin Rainbow Week. It also publishes "LGBTQ+ Alumni Life Stories" (accessible from the website of the Institute for Human Rights Research and Education).

Barrier-free Map

https://www.kwansei.ac.jp/cms/kwansei/pdf/access/barrier_free_map.pdf

Information on the current barrier-free status and evacuation sites, etc. of each Kwansei Gakuin University campus. The locations of multipurpose toilets and other facilities can also be checked on the map.

Glossary

The four components of sexual identity

To understand the diversity of an individual's sexuality, it is possible to divide their sexual and

gender identity into the following four components.

- Biological sex: Gender assigned at birth. Often determined by external genitalia at birth, but internal genitalia, sex chromosomes, and sex hormones can also be considered. Note that not all biological elements characteristic of either sex are necessarily present.
- Gender identity: What gender the individual identifies as
- Gender expression: How the individual refers to themselves in the first person, how they define themselves with clothes, and how they express their own gender in life in society
- Sexual orientation: To whom the individual is or is not emotionally and sexually attracted. Each component is diverse in itself, as are the ways in which they can be combined. It is important to develop a common understanding from the perspective that the question of sexual identity is relevant to all people, not just "sexual minorities."

LGBTQ/LGBTQ+

LGBT is an acronym for lesbian (female homosexual), gay (male homosexual), bisexual, and transgender, and is widely used to refer to people whose sexual orientation or gender identity differs from the prevailing societal attitudes and expectations. The terms LGBTQ, LGBT+, and LGBTQ+ are also sometimes used to include Questioning (people whose sexual identity is not fixed) or Queer (a term that includes a more diverse range of sexuality without assuming a fixed identity).

Transgender

Refers to a person whose self-identified gender differs from their gender assigned at birth, or to that state. Although it overlaps with the medical concept of "gender identity disorder" to some extent, not all transgender people necessarily have a consistent gender identity as "male" or "female," nor do they necessarily want to be treated as "male" or "female."

In addition to the usage in which those who transition from male to female are called "MTF" and those who transition from female to male are called "FTM" (generally it is preferred that these expressions not be used by people other than the individuals concerned), the former can also be referred to as "trans women" and the latter as "trans men." In the field of psychiatry, the concept of "gender dysphoria" (a state of feeling a discrepancy between one's sex assigned at birth and one's gender identity) has been used rather than "gender identity disorder," and gender dysphoria itself is not considered a mental disorder.

Transgender is an umbrella term (an all-encompassing term), and the prevailing thinking is binary transgender and nonbinary transgender exist as categories of transgender people.

Cisgender

The opposite concept to transgender, referring to a person whose self-identified gender matches their gender assigned at birth, or to that state. Conventionally, it was believed that the state of having one's assigned gender at birth coincide with one's gender identity was "normal," and no identifying term existed for it. By giving this state the name "cisgender," it is now possible to consider what has been considered "normal" as one of a variety of gender identities.

Gender binary

A social norm that requires that gender identity must be clearly either "male" or "female," and that a person's gender identity must match their physical characteristics.

Non-binary

A person whose gender identity does not fit into the distinction of "male" or "female" - i.e., neither, either, in between, undecided, etc. - is called "non-binary." In Japan, the term "X-gender" is also used.

Like transgender, non-binary is strictly an umbrella term (an all-encompassing term), within which there are even more fine-grained labels such as "genderqueer," "agender" "bi-gender," and so on. As such, it is important to note that simply hearing the label "non-binary" does not imply a full understanding of a person's gender identity.

Asexual/aromantic

A person who has no sexual interest in other people is called "asexual," and a person who has no romantic interest in other people is called "aromantic." The "a" here is the English negatory prefix "a."

Pansexual/panromantic

In developing a romantic feeling or a sexual interest, a person who can experience sexual attraction to people of all genders, regardless of categories such as male or female, is called "pansexual," and similarly, a person who can feel romantic affection to people of all genders, regardless of categories such as male or female, is called "panromantic."

Third person singular "they"

In English, there is a usage in which "they" is used as a personal pronoun that does indicate a binary gender distinction of "male" or "female" in the third person singular ("be" takes the same form as the third person plural — "are").

SOGI

An acronym that stands for Sexual Orientation and Gender Identity. While LGBT is a concept that refers to the identity of a specific minority group, SOGI is used as a concept that encompasses the sexual and gender characteristics of all people. The generic term "SOGIE," encompassing Gender Expression, is also used.

Outing

Outing refers to the act of revealing information about someone's sexual or gender identity that has not been disclosed to others, either against the person's will or without confirming their intentions. Gendered addressing of students by faculty members ("-kun", "Miss," etc.) may also lead to outing. Outing may result in a loss of educational opportunities for sexual minority students (e.g., being unable to attend classes) and, in the worst case, may constitute a serious, life-threatening violation of their human rights.

If someone has come out to you and you are worried about what to do, it is not "outing" them to consult with an on- or off-campus counseling service that is obligated to maintain confidentiality.

Allies

This refers to those who work to understand and provide support for sexual minorities.

[Bibliography]

- Yukari Ishii (2018), "Transgender and Contemporary Society: The Life World of People with Diverse Genders and Ambiguous Self-Images," Akashi Shoten
- · Yuichi Kamiya and Soshi Matsuoka (2020), "LGBT and Harassment," Shueisha Shinsho
- Waseda University Office for Promotion of Equality and Diversity (2020), "Guide to Consideration and Accommodation for Sexual Minority Students, 3rd Edition"
- Waseda University Gender and Sexuality Center (2022), "Support Guide for LGBTQ+ and the Allied Students, Ver. 5."
- Hiroshima University (2019) "Philosophy and Response Guidelines on Sexual Diversity For the Academic Pursuits of Students, Including LGBT Individuals -"
- University of Tsukuba (2017), "Basic Principles and Guidelines on LGBT+* Inclusion at the University of Tsukuba"